



**BE** CONFIDENT  
COLLABORATIVE  
**YOURSELF**  
DETERMINED  
PURPOSEFUL

Patient portrayal

# TREATMENT JOURNAL

KEEPING TRACK OF HOW YOU FEEL  
WHILE ON CABOMETRYX<sup>®</sup> (cabozantinib)

- For people taking CABOMETRYX in combination with OPDIVO<sup>®</sup> (nivolumab)
- For people taking CABOMETRYX alone

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)

 **CABOMETRYX<sup>®</sup>**  
(cabozantinib) tablets

# KEEPING TRACK OF HOW YOU ARE FEELING

This Treatment Journal will help you while you are taking CABOMETYX® (cabozantinib) alone or in combination with OPDIVO® (nivolumab).

**Your doctor and nurse are available for you.** They are your best resource for information about your treatment.

- Discuss any symptoms of side effects with them. Your healthcare team is available to help you manage side effects
- The earlier you discuss your symptoms with them, the earlier you may receive support

**Be sure to take the dose recommended by your doctor**



Contact your doctor or nurse right away if you are not feeling well.

The information in this journal is not a substitute for advice from your healthcare team.

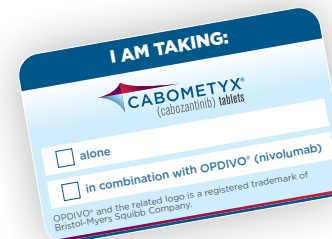
Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)

To help you work with your healthcare team to manage side effects, we have an approach called **AIM**.

A	I	M
<b>ACKNOWLEDGE</b> if you are feeling different; this may be a symptom of a side effect	<b>INFORM</b> your healthcare team right away	<b>MANAGE</b> side effects by working with your healthcare team

**Your doctor or nurse may change your dose, temporarily stop, or permanently stop your treatment with CABOMETYX if you have certain side effects.**

**Be sure to use your Wallet Card**



A printable version of the Wallet Card is available on CABOMETYX.com.

Use it to write down the names and phone numbers of your doctor and nurse, and the medicines you take.

# TAKING CABOMETYX® (cabozantinib)

CABOMETYX is a once-daily tablet. Take as prescribed by your doctor.

## DO



- Swallow your CABOMETYX tablets whole
- Take your CABOMETYX dose at the same time everyday, or as prescribed
- Take CABOMETYX at least 1 hour before or at least 2 hours after eating

## DO NOT

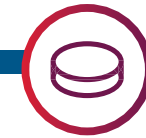


- Take CABOMETYX with food
- Crush the tablet

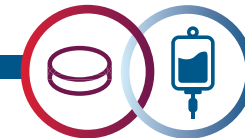


- **Drink grapefruit juice, eat grapefruit, or take supplements that contain grapefruit or St. John's wort** during treatment with CABOMETYX

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)



If you take CABOMETYX alone, go to **pages 10 to 11.**



If you take CABOMETYX in combination with OPDIVO® (nivolumab), go to **pages 6 to 9.**

## What if I forget to take my CABOMETYX?

If your next dose is in:

### LESS THAN 12 HOURS

- Do not try to make up the missed dose
- Take the next dose when you usually take it

### 12 HOURS OR MORE

- Take the missed dose as soon as possible
- Take the next dose when you usually take it

Talk to your doctor or nurse if you miss a dose and have any questions.



**TAKING CABOMETYX<sup>®</sup>**  
 (cabozantinib) **IN COMBINATION**  
**WITH OPDIVO<sup>®</sup>** (nivolumab)

Continue to take your CABOMETYX as prescribed and keep track of your infusion appointments here

Work with your nurse to schedule your infusions so you know when your infusions will be administered.



OPDIVO Infusion Number	Date/Time
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)



OPDIVO <sup>®</sup> (nivolumab) Infusion Number (cont'd)	Date/Time
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
21.	
22.	
23.	
24.	

If you are taking **CABOMETYX<sup>®</sup>** (cabozantinib) + **OPDIVO**, please contact your doctor or nurse. If you have other questions about **OPDIVO**, please call **1-855-OPDIVO-1 (1-855-673-4861)** or visit **OPDIVO.com**.

Use this **AIM** checklist to keep track of your symptoms and capture your healthcare team's suggestions

See the example on the first line.

<b>A</b>	<b>I</b>	<b>M</b>
<b>ACKNOWLEDGE</b>	<b>INFORM</b>	<b>MANAGE</b>
if you are feeling different; this may be a symptom of a side effect	your healthcare team right away	side effects by working with your healthcare team
Symptom/Date	Who I spoke with	Recommendations
Eg, Diarrhea / 7/21	Eg, Nurse Smith	This is where you can write down your nurse or doctor's recommendations

Continued on page 10

<b>A</b>	<b>I</b>	<b>M</b>
<b>ACKNOWLEDGE</b>	<b>INFORM</b>	<b>MANAGE</b>
Symptom/Date	Who I spoke with	Recommendations

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)



## INDICATIONS AND IMPORTANT SAFETY INFORMATION

### What is CABOMETYX?

CABOMETYX is a prescription medicine used to treat:

- People with kidney cancer (renal cell carcinoma). CABOMETYX may be used:
  - Alone to treat people with renal cell carcinoma (RCC) that has spread (advanced RCC)
  - In combination with nivolumab when your cancer has spread (advanced RCC), and you have not already had treatment for your advanced RCC
- People with liver cancer (hepatocellular carcinoma) who have been previously treated with the medicine sorafenib.

It is not known if CABOMETYX is safe and effective in children.

### What are the possible side effects of CABOMETYX?

**CABOMETYX may cause serious side effects, including:**

**Bleeding (hemorrhage).** CABOMETYX can cause severe bleeding that may lead to death. Tell your healthcare provider right away if you get any signs of bleeding during treatment with CABOMETYX, including:

- Coughing up blood or blood clots
- Vomiting blood or if your vomit looks like coffee grounds
- Red or black (looks like tar) stools
- Menstrual bleeding that is heavier than normal
- Any unusual or heavy bleeding

**A tear in your stomach or intestinal wall (perforation) or an abnormal connection between 2 parts of your body (fistula).**

Tell your healthcare provider right away if you get tenderness or pain in your stomach area (abdomen) that is severe or that does not go away.

**Blood clots, stroke, heart attack, and chest pain.** Get emergency help right away if you get:

- |  |   |
|--|---|
| • Swelling or pain in your arms or legs  | • Sudden confusion, trouble speaking or understanding |
| • Shortness of breath  | • Sudden trouble seeing in one or both eyes           |
| • Feel lightheaded or faint  | • Sudden trouble walking                              |
| • Sweating more than usual   | • Dizziness, loss of balance or coordination          |
| • Numbness or weakness of your face, arm or leg, especially on one side of your body | • A sudden severe headache                            |

**High blood pressure (hypertension).** Hypertension is common with CABOMETYX and sometimes can be severe. Your healthcare provider will check your blood pressure before starting CABOMETYX and regularly during treatment with CABOMETYX. If needed, your healthcare provider may prescribe medicine to treat your high blood pressure. Tell your healthcare provider if you develop severe headaches, nose bleeds, tiredness or confusion, vision changes, chest pain, trouble breathing, irregular heartbeat, or blood in your urine.

**Diarrhea.** Diarrhea is common with CABOMETYX and can be severe. If needed, your healthcare provider may prescribe medicine to treat your diarrhea. Tell your healthcare provider right away, if you have frequent loose, watery bowel movements.

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)



## IMPORTANT SAFETY INFORMATION (CONT'D)

**A skin problem called hand-foot skin reaction.** Hand-foot skin reactions are common and can be severe. Tell your healthcare provider right away if you have rashes, redness, pain, swelling, or blisters on the palms of your hands or soles of your feet.

**Liver problems.** Liver problems may happen during treatment with CABOMETYX. When CABOMETYX is taken in combination with nivolumab, severe changes in liver function tests may happen more often than if you take CABOMETYX alone. Your healthcare provider will do blood tests to check your liver function before and during treatment with CABOMETYX.

Tell your healthcare provider right away if you develop symptoms of liver problems including: yellowing of your skin or the whites of your eyes, severe nausea or vomiting, pain on the right side of your stomach area (abdomen), dark urine, bleeding or bruising more easily than normal.

**Adrenal gland problems.** Your healthcare provider will monitor you for this problem. Your healthcare provider may prescribe hormone replacement therapy or corticosteroid medicines if needed. Tell your healthcare provider right away if you develop any of the following signs or symptoms: extreme tiredness, dizziness or fainting, weakness, nausea, or vomiting.

**Protein in your urine and possible kidney problems.** Symptoms may include swelling in your hands, arms, legs, or feet. Your healthcare provider will check you for this problem during treatment with CABOMETYX.

**Severe jaw bone problems (osteonecrosis).** Your healthcare provider should examine your mouth before you start and during treatment with CABOMETYX. Tell your dentist that you are taking CABOMETYX. It is important for you to practice good mouth care during treatment with CABOMETYX. Tell your healthcare provider right away if you develop any symptoms of jaw problems, including: jaw pain, toothache, or sores on your gums.

**Wound healing problems.** Wound healing problems have happened in some people who take CABOMETYX. Tell your healthcare provider if you plan to have any surgery before or during treatment with CABOMETYX.

- You should stop taking CABOMETYX at least 3 weeks before planned surgery.
- Your healthcare provider should tell you when you may start taking CABOMETYX again after surgery.

**Reversible Posterior Leukoencephalopathy Syndrome (RPLS).** A condition called reversible posterior leukoencephalopathy syndrome can happen during treatment with CABOMETYX. Tell your healthcare provider right away if you have headaches, seizures, confusion, changes in vision, or problems thinking.

Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with CABOMETYX if you have certain side effects.

The most common side effects of CABOMETYX include:

- Tiredness
- Decreased appetite
- Nausea
- Vomiting
- Weight loss
- Constipation
- Difficulty speaking

Please see Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)



## IMPORTANT SAFETY INFORMATION (CONT'D)

The most common side effects of CABOMETYX when used with nivolumab include:

- Tiredness
- Mouth sores
- Rash
- Low thyroid hormone levels (hypothyroidism)
- Pain in muscles, bones, and joints
- Decreased appetite
- Nausea
- Changes in the way things taste
- Stomach-area (abdominal) pain
- Cough
- Upper respiratory tract infections

CABOMETYX may cause fertility problems in females and males, which may affect your ability to have children. Talk to your healthcare provider if you have concerns about fertility.

These are not all of the possible side effects of CABOMETYX. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

If your healthcare provider prescribes CABOMETYX in combination with nivolumab, also read the Medication Guide that comes with nivolumab.

**Before you take CABOMETYX**, tell your healthcare provider about all of your medical conditions, including if you:

- Have had a liver problem other than liver cancer.
- Have a recent history of bleeding, including coughing up or vomiting blood, or black tarry stools.
- Have an open or healing wound.
- Have high blood pressure.
- Plan to have any surgery, dental procedure, or have had a recent surgery. You should stop treatment with CABOMETYX at least 3 weeks before planned surgery.

- Are pregnant, or plan to become pregnant. CABOMETYX can harm your unborn baby.
  - If you are able to become pregnant, your healthcare provider will check your pregnancy status before you start treatment with CABOMETYX.
  - Females who are able to become pregnant should use effective birth control (contraception) during treatment and for 4 months after your final dose of CABOMETYX.
  - Talk to your healthcare provider about birth control methods that may be right for you.
  - If you become pregnant or think you are pregnant, tell your healthcare provider right away.
- Are breastfeeding or plan to breastfeed. It is not known if CABOMETYX passes into your breast milk. Do not breastfeed during treatment and for 4 months after your final dose of CABOMETYX.

**Tell your healthcare provider about all the medicines you take**, including prescription or over-the-counter medicines, vitamins, and herbal supplements. CABOMETYX and certain other medicines may affect each other causing side effects.

### **What should I avoid while taking CABOMETYX?**

**Avoid** drinking grapefruit juice, eating grapefruit or taking supplements that contain grapefruit or St. John's wort during treatment with CABOMETYX.

**Please see additional Important Safety Information on pages 12-17 and [tap here for the Patient Information in the full Prescribing Information.](#)**

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**SIGN UP TODAY**



The BE CONNECTED support program is designed to offer educational information for you or someone you care for. There are two ways to sign up:



Sign up online at **signup.CABOMETYX.com**

**OR**



Enroll by returning the sign-up card in your Patient Care Kit

**Find out more at [CABOMETYX.com](https://www.CABOMETYX.com)**

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